

Dr. Gitanjali Roy

Email: Gitanjali_17@yahoo.co.in

Phone: 7490032055

Nationality: Indian

Academic Objective

To contribute meaningfully to the academic and research initiatives in Counseling Psychology and Indian Knowledge Systems, supported by strong teaching, research, administrative, and publication credentials.

Education

- Ph.D. in Psychology, MSU Baroda (2019)

Title: "To construct and test the Multi-component Trait Model of Personality in Indian Psychology"

- PG Diploma in Clinically Applied Hypnotherapy, MSU Baroda (2010)
- M.A. in Psychology, MSU Baroda (2009)
- B.A. (Hons) in Psychology, IEHE, Bhopal (2007)

Work Experience

- Assistant Professor, Symbiosis School for Liberal Arts, SIU Pune (September 2023–Present)
- Assistant Professor, Department of Psychology, MSU Baroda (Multiple Terms: 2017–2023)
- Teaching Assistant, Department of Psychology, MSU Baroda (2016–2017)
- Visiting Lecturer, Faculty of Performing Arts, MSU Baroda (2014–2016)
- Visiting Lecturer, Sigma & Pioneer School of Physiotherapy, Vadodara (2014–2016)

Courses Taught

- Applied Indian Psychology (Core & IDE Papers)
- Counseling Process and Skills (Core Papers)
- Biological psychology (Core Papers)
- Psychology of Personality (Core Papers)
- Statistics in Psychology (Core Papers)

- Lifespan Development (Core Papers)
- Research Methodology (Core Papers)

Thesis and Dissertation Supervision

- Doctoral Thesis
 1. Ms. Beena Sawant on Impact of Therapeutic Intervention on Children with Aggression. Enrolled in February 2022 at SIU-Pune.
 2. Ms. Bindu Olga on 'Addressing Mental Health and Well-being among children raised by a father as a single parent'. Enrolled in October 2024 at SIU-Pune.
 3. Ms. Sucheeta Sahu on Digital Fatigue and Its Psychological Impact on High School Students. Enrolled in Feb 2025 at SIU-Pune.
 4. Ms. Mahi Thankkar on Understanding the Personality Blueprint of Indian Negotiators: Building a Culturally Relevant Personality Assessment for India in August 2025 at SIU-Pune.
- Postgraduate Theses Supervised:
 1. Development and Construction of Āsakti Scale
 2. Measuring Personality Based on Karma Yoga, Jnana Yoga, Bhakti Yoga
 3. Measuring Personality Based on Panchakosha Framework
 4. Effect of Shanti Rasa (Bheempalasi Raga) on Emotional States of Elderly
 5. Role of Teacher's Emotional Intelligence in Student Engagement
- Undergraduate Theses Supervised:
 1. Psychological Well-being of Immigrants in Gujarat and Maharashtra
 2. Finding Three Gunas in German Participants – University of Osnabrück
 3. Evaluating Cultural Bias in Indian Psychology Scale – University of Osnabrück
- Independent Projects Supervised:
 1. A correlational study on the Effect of REBT on Female Jail Inmates
 2. A correlational study on the Effect of Vipassana Meditation on Interpersonal Communication and Frustration in Jail Inmates

Journal Publications

1. Roy, G. (2024). Āsakti. Journal of Indian Council for Philosophical Research, 41, 205–209. **(Scopus)**
2. Bhangaokar, R., et al. (2023). Triguna and Karma Yoga. Psychological Studies, 68, 502–511. **(Scopus)**
3. Roy, G. & Kumar, R. (2023). Asakti Model. Psychological Studies, 68(4), 571–581. **(Scopus)**
4. Roy, G. & Behrani, P. (2023). Immigration and Psychological Well-being. Indian Journal of Psychology. **UGC-List.**

5. Roy, G. (2022). Progressive Females by Tagore. Philosophical Papers, 18(1), 100–109. **UGC-List.**
6. Behrani, P. & Roy, G. (2022). Counselling Module for ED. GAP Journal of Forensics, 3(2), 44–51.
7. Roy, G. (2021). Ashtang Yoga. Journal of Indian Council for Philosophical Research, 38, 445–452. **(Scopus)**
8. Roy, G. et al. (2020). Vipassana in Jail. GAP Journal of Forensics, 1, 8–17.
9. Roy, G. & Geuking, J. (2020). Three Gunas in Germans. International Journal of Indian Psychology, 8(2), 145–168.
10. Roy, G. & Sharma, R. (2017). Indian Trait Inventory. Indian Journal of Psychology and Education, 7(1), 163–175. **UGC-List.**

Book Chapters

1. Lungu, E. & Roy, G. (2022). Yoga and Mental Health. IGNTU-Amarkantak, M.P.
2. Shah, N. & Roy, G. (2022). Chakras and Psychology. IGNTU-Amarkantak, M.P.
3. Roy, G. (2021). Maya. In Encyclopedia of Indian Religions, Springer.
4. Roy, G. (2021). Nepotism. In the Encyclopedia of UN SDGs, Springer.
5. Roy, G. & Kumar, R. (2021). COVID-19 and Our Lives. Neelkamal.
6. Nair, A. & Roy, G. (2021). Counsellor Preparedness. Star Publications.
7. Roy, G. & Suriya, P. (2020). Four Yogas for Wellbeing. IGI Global.

Administrative Contributions at Symbiosis School for Liberal Arts, Symbiosis International (Deemed University), Pune

- IQAC coordinator for the Symbiosis School for Liberal Arts (SSLA), SIU, Pune
- Senior External Exam Supervisor at the Symbiosis Law School, Pune from SSLA.
- SIU-University observer for GD-PI at Symbiosis School for Management Centre, Pune.

Administrative Contributions at The Maharaja Sayajirao University of Baroda, Vadodara

- IQAC Member – Dept. of Psychology (2018–19)
- Faculty Coordinator – Directorate of Student Welfare (2019–20)
- General Proofreader – MSU Press (2019)
- Coordinator – Skill Development and Capacity Building, MDC (2018–2020)
- Honorary Director – Marg Counselling Centre, ILG (2016–17)
- Admission Committee Member – UG, PG, PG Diploma (2016–2020)

References will be provided as per request. Thank you
